



Time to Think Coaching

“The quality of everything we do depends on the quality of the thinking we do first.” Nancy Kline

Time to Think is a uniquely powerful coaching process used to liberate the human mind. It is a radical act of self-empowerment and aims to ignite your mind. In a Time to Think coaching session, you will produce for yourself a quality of thinking that your coach cannot produce for you.

The Time to Think coaching process is one of the most effective client-centred coaching methods on the market. It aims to put your independent thinking first.

This method allows you to:

- truly think for yourself
- avoid dependence on the coach’s views, guidance or analysis
- come up with ideas, directions, understanding and solutions for yourself that can be staggeringly accurate, imaginative and practical.

Time to Think sessions will provide you with generative attention and allow you to come up with your own personal incisive questions. This process produces breakthroughs in independent thinking and replaces limiting beliefs with liberating ones.



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